



Impact Report 2023

Inspiring Hope. Advancing Research.

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Message from Board President & CEO

As we reflect on the remarkable achievements in 2023 at Sansum Diabetes Research Institute (SDRI), we are filled with gratitude for your support, which powers our groundbreaking advancements in diabetes research, education, and clinical care. Your generosity and dedication are critical to the success of our mission.

Thanks to the support of our donors, volunteers, and staff, in 2023, SDRI played a pivotal role in accelerating life changing work including the following:

- Engaging **709 participants in clinical research studies** aimed at improving diabetes management and treatment.
- **Conducting 29 clinical trials** that explored innovative approaches to diabetes treatment.
- **Publishing 18 articles in highly respected medical journals.** These publications not only contribute to the collective understanding of diabetes but also showcase SDRI's commitment to academic excellence.
- Recognizing a growing need for **diabetes education within the local Latino population**, SDRI's bilingual community health workers provided weekly health screenings and diabetes education to **over 100 individuals with, or at risk of developing, type 2 diabetes.**
- **Providing clinical care to 242 patients** living with diabetes, including 100 adults, 120 women who lived with diabetes during pregnancy, and 22 children.

In 2023, we proudly announced our campaign, Innovative Research, Inspiring Hope. This endeavor makes it possible for SDRI to renovate our current building creating a state-of-the-art clinical research unit needed to conduct intensive and complex studies. Additionally, this investment will provide financial support to hire key investigators who will carry out our life-saving work.

We are thrilled to enter this new era at SDRI - focused on elevating our work and efforts in research, education, and clinical care. We encourage you to follow SDRI on social media to stay up to date with our renovation project! Thank you for being an integral part of SDRI. Your generosity inspires us every day as we work to accelerate research efforts that impact people living with diabetes increasing their health span and lifespan.

In gratitude,



Jim Sloan,
Board President



Elizabeth Thompson,
Chief Executive Officer

In 2023, SDRI Made the Following Accomplishments:



29
clinical trials
conducted



709
participants engaged in
clinical research trials

100+



Latinos living with type
2 diabetes supported
through weekly
health screenings and
diabetes education

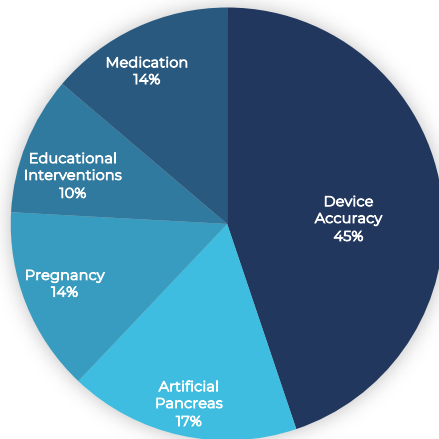


18
articles were published
in highly respected
medical journals



242
patients living with
diabetes were
provided clinical care

2023 Clinical Research Trials



- Artificial Pancreas: 5 Studies
- Pregnancy: 4 Studies
- Educational Interventions: 3 Studies
- Medication: 4 Studies
- Device Accuracy: 13 Studies



Pioneering Progress in Diabetes Research

As we look at the future, and embrace the fullness of our campaign, Innovative Research, Inspiring Hope, we want to share the blueprint for the ambitious goals reflecting SDRI's commitment to push forward and deliver purposeful, impactful advances in three core areas that define us:

- 1** Create a state-of-the-art research facility that is needed to accelerate life-changing research for the millions of people living with ANY form of diabetes.
- 2** Commitment to championing equity, diversity and inclusion in our research portfolio, community education and awareness building, and employee engagement.
- 3** Recruit additional world-class clinical investigators and support leading-edge clinical research programs.



The Future Era

Join Us In...

- Strategically driving towards **standardization and interoperability of diabetes devices**, including insulin pumps, continuous glucose monitors, and automated insulin delivery systems, to facilitate seamless integration and data sharing, **leading to improved diabetes management and decision making.**
- Thoughtfully harnessing the power of digital health tools, artificial intelligence, and remote monitoring technologies to **improve diabetes management**, enhance patient engagement, and facilitate data-driven research.
- Actively designing, collaborating on, and conducting studies focused on **understanding the unique aspects of diabetes in women**, including the impact of hormonal changes, pregnancy-related diabetes, and gender-specific risk factors, to inform targeted interventions and treatments.
- Purposefully adjusting **disparities in diabetes prevalence, access to care, and health outcomes** among diverse populations through targeted research, community outreach, and advocacy efforts.



2023 Highlights



SDRI successfully **advanced our \$20 million campaign, Innovative Research, Inspiring Hope**. The funds raised will power the establishment of a cutting-edge diabetes research facility and recruit additional world-class clinical investigators.



SDRI enrolled clinical trial participants for the newly launched inhaled insulin from MannKind, Afrezza. This study is **one of the largest switch trials in diabetes ever conducted** and could change the standard of care in a meaningful way.



SDRI served as a **clinical research trial site in the pivotal studies** for the U.S. Food and Drug Administration approval of the Abbott FreeStyle Libre 2 and 3 integration with automated insulin delivery systems.



SDRI's groundbreaking **research in diabetes in pregnancy was published in Diabetes Care**, a top medical journal. This study evaluated the feasibility of an at-home use of a pregnancy-specific closed-loop insulin delivery system.

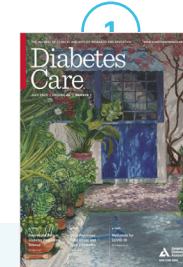


Kristin Castorino, DO, participated in the **Fifth Artificial Pancreas Workshop on the National Institutes of Health campus**. SDRI's collaboration in artificial pancreas technology use during pregnancy was highlighted.



SDRI hosted the **15th annual Taste of the Vine fundraiser**. This event raised over \$400,000 and brought together supporters, donors, and advocates for a shared commitment to accelerating life-saving diabetes research.

2023 Top 5 Publications



"At-Home Use of a Pregnancy-Specific Zone MPC Closed-Loop System for Pregnancies Complicated by Type 1 Diabetes: A Single Arm, Observational Multicenter Study"



"Development of a Novel Insulin Sensor for Clinical Decision-Making"



"Early Intervention and Intensive Management of Patients with Diabetes, Cardiorenal, and Metabolic Diseases"



"Clinical Evaluation of a Novel Insulin Immunosensor"



"A Review of CONCEPTT Study Findings Including Subanalyses in Pregnant Women Using Continuous Glucose Monitoring with Type 1 Diabetes and Their Offspring"

Type 1 Diabetes:

SDRI is a global leader in advancing research, education, and clinical care to those impacted by type 1 diabetes.

CLINICAL RESEARCH AT SDRI:

Device Accuracy Studies: As a preferred industry partner, SDRI is committed to conducting pivotal clinical research studies to evaluate the accuracy and efficacy of diabetes management devices, including continuous glucose monitors and insulin pumps. This meaningful research provides valuable insights that enhance the quality of life for individuals living with type 1 diabetes.

Insulin Studies: Given that insulin remains a cornerstone in type 1 diabetes management, SDRI conducts comprehensive studies to explore novel insulin formulations, delivery methods, and dosing strategies. By staying at the forefront of insulin research, **we aim to optimize treatment outcomes and minimize the burden of diabetes management.**

Automated Insulin Delivery Systems: SDRI actively evaluates automated insulin delivery systems, including closed-loop systems and artificial pancreas technologies. These advancements have revolutionized type 1 diabetes management by providing real-time adjustments and **reducing the mental burden of living with diabetes.**

SDRI will continue partnering with industry to create the best quality of life possible for those living with diabetes.

CLINICAL CARE SERVICES:

People living with type 1 diabetes require specialized care tailored to their unique needs. **Our pediatric and adult endocrinology clinic provide comprehensive services,** including self-management strategies, personalized treatment plans, and ongoing support. We strive to optimize health outcomes and promote a positive quality of life for our patients.



EDUCATION INITIATIVES:

OneTalk Program: SDRI's OneTalk Program provides a nurturing environment **where patients, families, and caregivers can share experiences, gain insights, and find emotional support.** Through regular meetings and virtual sessions, we foster a sense of community and resilience among participants.

Webinars: SDRI hosts educational webinars featuring leading experts in diabetes care and research that cover a wide range of topics, from diabetes management strategies to the latest advancements in treatment options. By making information accessible, **we empower individuals to take charge of their health and well-being.**

Community Support: SDRI partners with Cottage Children's Medical Center to **offer resources and support to newly diagnosed families in our community who often feel overwhelmed and isolated.**

Family Outreach Events: SDRI holds quarterly outreach events where **families have the opportunity to learn and network with one another.**

Embracing Change: Malia Musterer's Journey with Type 1 Diabetes and the Transformative Impact of SDRI

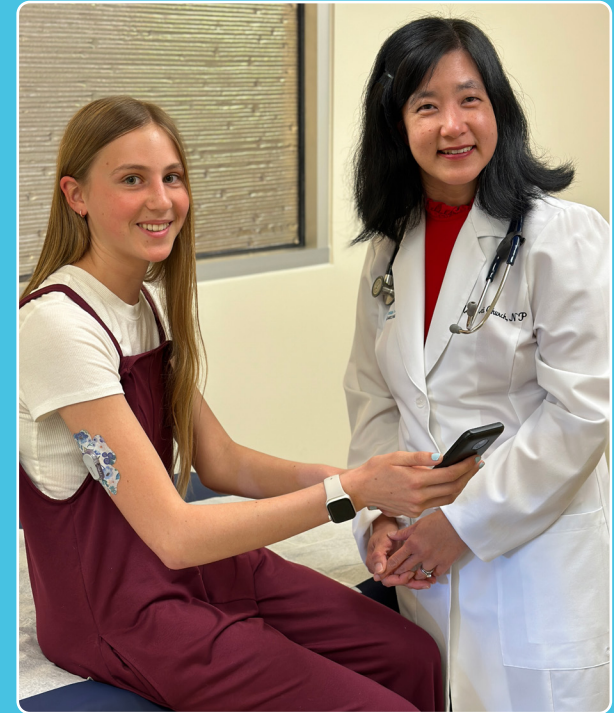
In February 2023, the Musterer family's life changed when their then 12-year-old daughter Malia was diagnosed with type 1 diabetes (T1D). Despite the initial shock, the family was determined to find the best care possible to help Malia through this crisis. They soon learned about SDRI, where Malia became a patient of Francine Kaufman, MD, and Nurse Practitioner Mei Mei Church, FNP-BC, CDCES.

Dr. Kaufman and Mei Mei helped Malia transition to an automated insulin delivery system (artificial pancreas). This proved to be a significant milestone for Malia offering her newfound freedom and flexibility in managing her diabetes as this system automates insulin delivery allowing Malia and her family to think less about diabetes and spend more time enjoying life.

SDRI's outreach programs have also played a significant role in the Musterer's life with diabetes. Malia's mother, Kirstin, has become a regular participant at our monthly OneTalk program. The knowledge of the expert facilitators and guests has been a remarkable resource for Kirstin and a reminder that T1D is a team event.

"Diabetes is a burden too heavy for one person to bear alone," said Kirstin. "I'm determined for my family to stand by Malia's side and rally around her."

SDRI is proud to partner with Malia throughout her journey with T1D. She has embraced her new life with grace and determination, proving that diabetes is just one part of her story, not the entirety of it.



"SDRI has completely transformed our lives. Mei Mei has been an invaluable resource, consistently offering her expertise with a reassuring calmness. She not only knows the answers to our questions but also ensures we feel secure and supported. What's truly remarkable is her swift responsiveness, she's always there without delay. During the initial stages of diagnosis, which were incredibly daunting, Mei Mei was a lifeline."

— Malia's Mother, Kirstin

Breaking Boundaries:

SDRI's Efforts in Type 2 Diabetes Research & Education



36 Million
people in the U.S. are
living with type 2 diabetes



97.6 Million
are living with prediabetes
in the U.S.

SDRI is committed to conducting groundbreaking research to find the next breakthrough in managing type 2 diabetes (T2D), as it is one of the fastest growing chronic diseases in the world. We understand that education plays a vital role in living with T2D. Our team is committed to offering a holistic approach in managing T2D with a special interest in advancing education and research opportunities for underserved communities.

In 2023, SDRI Proudly:

- Conducted education, diabetes in pregnancy, and device clinical research studies that helped improve the care and management of type 2 diabetes, leading to better health outcomes and quality of life for patients.
- Partnered with Rooted Santa Barbara County in the production of a culturally tailored, plant-based nutrition curriculum that aims to improve the health and health equity of socioeconomically disadvantaged populations in Santa Barbara.
- Equipped our Community Health Workers with nearly 30 hours of comprehensive training at the University of Southern California, where they gained essential knowledge and skills to support clinical research recruitment, ensure medication safety, and improve diabetes management with the local Latino community.
- Provided individual care to 87 underrepresented Latino's who were living with prediabetes, type 2 diabetes, or diabetes in pregnancy.
- Continued to lead the Santa Barbara Nutrition Health Coalition in developing and implementing innovative, culturally sensitive, community-based, and evidence-based nutrition intervention programs to improve health and health equity of vulnerable populations living in Santa Barbara County.



Women's Health Initiatives

For nearly 50 years, SDRI has remained a thought leader for diabetes during pregnancy. Our team is committed to conducting groundbreaking research to help reduce risks for a woman's pregnancy that is complicated by diabetes.

Throughout 2023 SDRI:

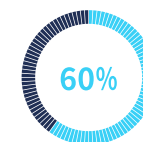
- Provided patient care to 120 patients whose pregnancy was complicated by any form of diabetes including prediabetes, gestational diabetes, type 1 diabetes, and type 2 diabetes. During appointments our elite team offered patients innovative tools to help stabilize blood glucose levels to limit complications to both the expectant mother and baby.
- Partnered with the Santa Barbara County Health Department to ensure that underrepresented Latina women received superior care for their pregnancy complicated by diabetes.
- Initiated three transformational research studies critical to diagnosing and managing diabetes in pregnancy, improving health outcomes, and enhancing the lifespan of mothers and their babies.
- Served as a clinical research site for the first at home use of a pregnancy specific closed-loop system. In collaboration with Harvard John A. Paulson School of Engineering and Applied Sciences at Harvard University, Icahn School of Medicine at Mount Sinai, and the Mayo Clinic. This study, published in *Diabetes Care*, demonstrated that in 2023, the trial demonstrated that the system improved blood sugar control without increasing risks, indicating it can safely help pregnant women manage their blood sugar targets at home. The study results were presented at the Advanced Technologies and Treatments for Diabetes 2023 International Diabetes Congress.

SDRI is proud to play a critical role in ensuring the health span and lifespan of women whose pregnancies are complicated by diabetes, as well as their babies.

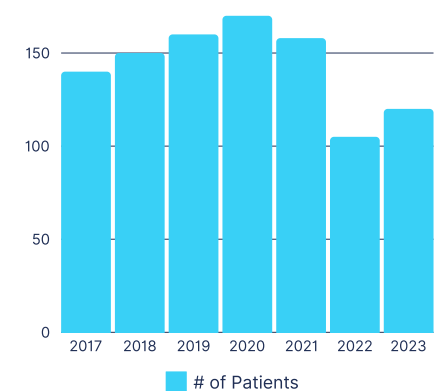


Diabetes in Pregnancy Statistics

18%
of all expecting mothers have a pregnancy complicated by diabetes



Increase in the prevalence of pregnancies complicated by diabetes in CA



Since 2017, **SDRI has served over 1,000 women** whose pregnancies are complicated by diabetes

Denae Torres' Inspiring Journey with Diabetes in Pregnancy

Meet Denae Torres — a remarkable individual whose journey with diabetes in pregnancy is nothing short of inspiring.

In 2010, Denae received the life-altering diagnosis of type 2 diabetes, with her blood glucose level soaring over 400 mg/dL. Initially prescribed oral medication, Denae encountered severe side effects that left her searching for a better solution.

During Denae's first pregnancy, she received inadequate care that resulted in her son's premature birth. Once Denae learned about her second pregnancy, she was more determined than ever to find comprehensive care and support throughout her pregnancy to help reduce any complications that could result from type 2 diabetes.

After being introduced to SDRI, Denae became a patient of Kristin Castorino, DO, BC-ADM, SDRI's Vice President, Clinical Research and Senior Investigator. Dr. Castorino met with Danae on a weekly basis, offering practical solutions, instilling confidence, and guiding her towards ideal health throughout her pregnancy. During this time, Danae was also able to enroll in a clinical research trial at SDRI using an artificial pancreas system that aims to improve health outcomes for a pregnancy complicated by diabetes.

"Before this clinical research study, I didn't understand how to take care of diabetes and how to calculate doses," said Denae. "This study also helped to improve my glucose control which led me to delivering a healthy baby (boy)."

"At SDRI, we understand the unique challenges that diabetes can present during pregnancy," says Dr. Castorino. "Our goal is to empower our patients with the knowledge, tools, and personalized care they need to navigate this time with confidence and optimal health."



"Before I started participating in clinical research studies, I didn't really know how to take care of myself in the right ways, or calculate the insulin I needed. Having the opportunity to use a Dexcom CGM changed so much for me. I am so grateful to contribute meaningful data for others."

— Denae Torres

Donor Spotlight

Ann Jackson Family Foundation

Established in 1978 by Ann G. Jackson and Charles H. Jackson Jr., the Ann Jackson Family Foundation exemplifies the Jackson's adoration of Santa Barbara County and their commitment to impactful philanthropic giving. Although Ann and Charles have since passed, their legacy remains alive today in the Foundation's steadfast dedication to the betterment of Santa Barbara.

"The Foundation has always supported local healthcare organizations, but has not historically supported research organizations," Vice President Jim Jackson shared. "However, given the growing problem that diabetes has become in Santa Barbara County, the Foundation decided that it was warranted to support SDRI as an important healthcare initiative."

In 2023, the Ann Jackson Family Foundation made a generous multiyear commitment to SDRI's campaign, Innovative Research, Inspiring Hope. These funds help support SDRI's efforts to recruit world-class scientists and construct a modern environment to conduct research, ultimately enhancing the lives of individuals and families living with diabetes.

The generous support of foundations such as the Ann Jackson Family Foundation drives SDRI to continue making meaningful advances in the field of diabetes research, education, and clinical care for another 100 years to come.

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Wendy Thies Sell

Sandra Tillish Svoboda

Mark Simon

*As of 12/31/2023

Community Champion: Tamara Free Recognized as 2023 Volunteer of the Year

In June 2020, Tamara's son, Aidan Free, was diagnosed with type 1 diabetes at the age of 11. Tamara and her family then faced the daunting task of navigating this new reality during the beginning of the COVID-19 pandemic.

Tamara was introduced to SDRI through a fundraiser, and soon thereafter, Aidan became a patient of Francine Kaufman, MD. Motivated to make a difference, Tamara also began volunteering with SDRI, becoming an integral part of the community.

"For our family, SDRI has been an incredible resource, and we are truly grateful," shared Tamara. "Not only do we receive top care for our son, Aidan, but he has been able to participate in clinical trials. I have chosen to volunteer with SDRI as I can't imagine a better and more deserving place. SDRI gives our family a strong sense of community by bringing people together."

Tamara played a crucial role in the 2022 Gratitude Gala as a committee member, and her efforts were instrumental in the event's success, raising crucial funds for diabetes research and care. She also has served as the event chair for Taste of the Vine for two consecutive years.

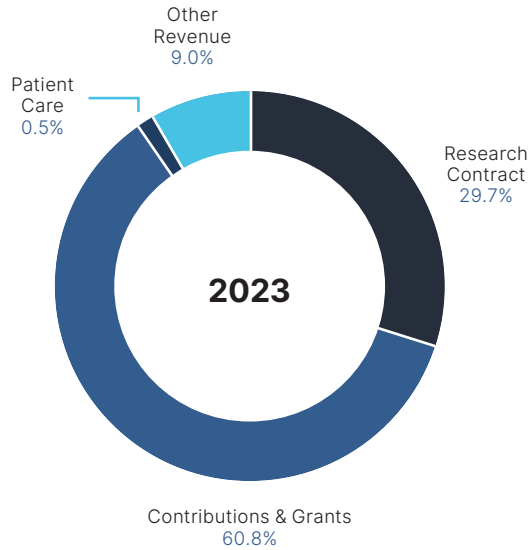
As SDRI's 2023 Volunteer of the Year, Tamara Free is celebrated for her dedication, compassion, and commitment to SDRI's mission, creating a brighter future for those living with diabetes.



"For our family, SDRI has been an incredible resource, and we are truly grateful. Not only do we receive top care for our son, Aidan, but he has been able to participate in clinical trials. I have chosen to volunteer with SDRI as I can't imagine a better and more deserving place."

— Tamara Free

The Financials



Gifts Received

	2023	2022
Research Contracts	\$3,143,391	\$2,524,311
Contributions & Grants	\$6,432,383	\$4,586,478
Patient Care	\$51,650	\$46,125
Other Revenue	\$955,998	\$43,923
Total	\$10,583,422	\$7,200,837



In 2023, SDRI was recognized by two of the most reputable independent charity evaluators, Candid and Charity Navigator, for our exceptional performance and unwavering commitment to transparency and accountability. Receiving the highest ratings from both Candid and Charity Navigator is a testament to our dedication to upholding the highest standards of integrity, efficiency, and impact in all aspects of our work.

As we continue our vital work in the field of diabetes research, education, and clinical care, we want to express our deepest gratitude for your unwavering support. Together, we are making a real difference in the lives of millions affected by diabetes worldwide.

Lifetime Giving

Sansum Diabetes Research Institute is incredibly grateful to our donors who are passionate about diabetes. SDRI is honored to recognize those individuals and organizations whose generous lifetime commitments equal \$100,000 or more.

\$100,000+

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* Deceased

2023 Donors

SDRI extends our sincerest gratitude to our 2023 donors who gave generously from January 1, 2023 - December 31, 2023.



Sansum Society: \$1 Million +

The Paskin Family Foundation
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Ms. Jennie Esposito*

Visionary Society: \$100,000 - \$249,999

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Dream Society: \$50,000 - \$99,999

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Promise Society: \$25,000 - \$49,999

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& Education Foundation
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Angel Society - \$10,000 - \$24,999

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Zamichow Jabs Foundation
Mr. Eric Zilley

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Mr. and Mrs. Craig R. Allan
Amazon Smile Foundation
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Ms. Sharon Baratz
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Mr. and Mrs. Jeffrey Bochsler
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Mr. Robert Burtness
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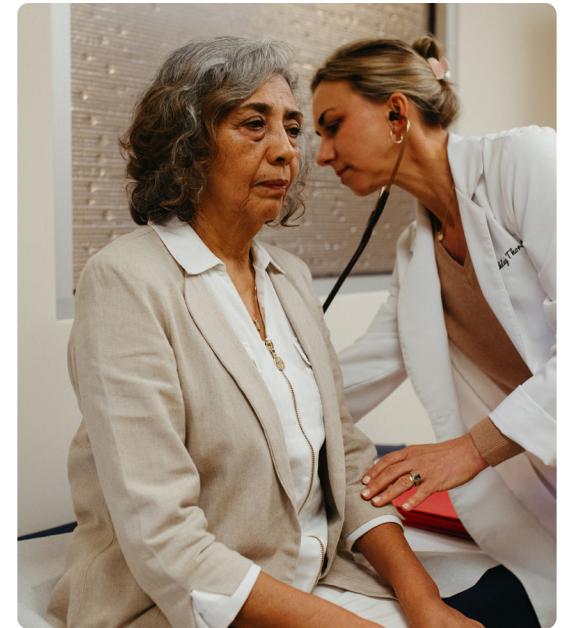
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