

CRISIS STRENGTHENS OUR COMMITMENT

OUR PANDEMIC EMERGENCY RESPONSE

Over the past few months, our doctors, researchers, leadership, and staff at Sansum Diabetes Research Institute have collaborated in response to the COVID-19 pandemic, creating and implementing a multi-pronged strategy that will make a positive difference in supporting the diabetes community through this unprecedented health crisis.

“For more than 76 years, we have been at the forefront of caring for the diabetes community. That commitment remains our core value as, together, we work to safeguard our community during this pandemic,” said Ellen Goodstein, SDRI’s Executive Director.

“One of the key missions of Sansum Diabetes Research Institute is to provide support for all people with diabetes particularly in this time of uncertainty surrounding the coronavirus or COVID-19,” said Dr. Alex DePaoli, SDRI Board President. “We certainly have heard all of the statistics about how people with diabetes are more significantly impacted than those without by this virus. During this unusual time, we recognize the need for evidence-based information and critical advice to help those with diabetes take care of themselves and maintain their wellness.”

We have established a **Diabetes Emergency Response Program** to provide practical concepts to help the diabetes community through the COVID-19 pandemic,



Casey Conneely, SDRI Research Assistant, delivers vegetables to our patients through our Farming For Life program

knowing that diabetes is one of the underlying conditions that can contribute to more severe outcomes.

SDRI’s emergency response includes:

- Accurate and trusted information on COVID-19 and diabetes; our website (www.sansum.org) provides information and resources that have been vetted by our research scientists and updated daily.
- Our team is actively reaching out to our patients, clinical trial participants, and education class members, particularly those with high blood sugars, to provide support and practical information on how to maintain lower blood sugars, with tips about maintaining good physical and mental health during this time. We know that COVID-19 is especially dangerous for those whose average blood sugar is high (above 200 mg/dl, associated with A1c of 8.5% or higher).
- We transitioned our patient visits and many programs to Telemedicine services to practice safe physical distancing.

IN THIS ISSUE

- 1 Crisis Strengthens Our Commitment
- 2 Our Work Continues
- 4 Stress, Diabetes and COVID-19
- 5 “SDRI is the gift that keeps on giving!”
- 6 Real-World Basal IQ
- 7 A Mother’s Story
- 8 SDRI: A Good Investment
- 8 Donor Spotlight: Santa Barbara Foundation
- 9 SDRI Welcomes New Trustees
- 10 Quest Society Spotlight: Curt Cruthirds
- 11 2019 Donors
- 12 Message from the Executive Director

(Continued)

CRISIS STRENGTHENS OUR COMMITMENT (CONTINUED)

- Distribution of our award-winning Farming for Life program continues by modifying our vegetable delivery practices to maximize the safety of our participants and our employees.
- Establish a helpline for information on COVID-19 and diabetes, in both Spanish and English.
- Launch a new study entitled, Living with Type 1 Diabetes (T1D) During the Coronavirus Disease 2019 (COVID-19) Pandemic, in an effort to better understand the impact and experiences people with type 1 diabetes, a designated high-risk pre-existing condition, are having while navigating this outbreak.
- Our expert staff has been visible through television, radio, print and social media channels for interviews to provide accurate and timely information.

Our visibility efforts have included producing several videos found on our YouTube channel, website, and social media platforms featuring our doctors, staff, and Board Trustees addressing COVID-19.

“Preventing even one person from ending up in critical care has major health and economic benefits for everyone,” said Dr. Kerr, Director of Research and Innovation at SDRI. “Diabetes is a very lonely disease and it is so important for us to support people at this difficult time when you have a lot of anxiety and worry about diabetes and what effects the virus might have.”



“Preventing even one person from ending up in critical care has major health and economic benefits for everyone.”

DR. DAVID KERR,
DIRECTOR OF RESEARCH AND
INNOVATION AT SDRI

On March 26, Dr. Kerr was featured on KSBY-TV to discuss diabetes and COVID-19.



OUR WORK CONTINUES

SDRI's ongoing clinical research trials and diabetes research are continuing by practicing safe physical distancing, while using HIPAA compliant video-conferencing tools.

“There can actually be a lot done via Telehealth and Telemedicine visits to monitor your health and well-being, as well as your diabetes care,” said Dr. Kristin Castorino, Senior Research Physician at SDRI. “It will never fully replace face-to-face interactions but it provides another tool for patient-driven healthcare delivery. I've reviewed appropriate insulin use, reviewed food labels straight from the pantry, and even met pets, all through virtual healthcare visits.”

In addition, SDRI is conducting new Coronavirus-inspired research to understand the current needs of the population with type 1 diabetes in the United States by means of voluntary, anonymous surveys. We want to understand the fears, concerns, worries, and experiences of people living with type 1 diabetes during this time.

Food as medicine is even more important now as we all concentrate on improving our health. SDRI is continuing our innovative Farming for Life program, medical prescriptions of vegetables for people with, or at risk of, type 2 diabetes, with modifications to protect our staff and participants from COVID-19.

We are grateful to be able to continue partnering with Fairview Gardens, John Givens Farms, Sunrise Organic Farms, and most recently, Talley Farms, all of which

“There can actually be a lot done via Telehealth and Telemedicine visits to monitor your health and well-being, as well as your diabetes care.”

DR. KRISTIN CASTORINO,
SENIOR RESEARCH PHYSICIAN
AT SDRI



provide fresh, locally-grown produce for Farming for Life. SDRI is thankful for these wonderful partnerships.

SDRI's regular OneTalk informational meetings and support groups for those impacted by type 1 diabetes, both in Santa Barbara and San Luis Obispo, have continued, virtually, with Zoom video conferencing.

“Creating a space for those in the T1D community to connect with one another during this time is a priority for SDRI,” says SDRI's Katie Haq. “Our OneTalk program

has existed for over 7 years. It is important that we maintain those connections and continue to offer support and resources to the T1D community.”

Using innovation, creativity, and perseverance, SDRI is finding safe and smart ways to continue caring for the diabetes community and each other; demonstrating that we will be there for you even during the difficult times.



“Creating a space for those in the T1D community to connect with one another during this time is a priority for SDRI.”

KATIE HAQ,
ASSISTANT DIRECTOR
OF MARKETING AND
COMMUNICATIONS
AT SDRI

STRESS, DIABETES & COVID-19

This time of uncertainty can be stressful for anyone, but especially for someone living with a life-threatening condition such as diabetes.

Psychiatrist and member of SDRI's Board of Trustees, Dr. Robert Nagy, advises that we all find ways to deal with stress, as it can be detrimental to physical and psychological health.

Dr. Nagy's recommendations for handling stress:

- Resiliency
- Exercise
- Resourcefulness
- Delayed gratification
- Sharing your successes

It is important to be resilient during a pandemic; recover from or adapt easily to adversity or change.

Exercise is important for physical as well as mental health. Psychologically, exercise increases endorphins and acts as a powerful distraction from stressors.

Have a 3-month supply of prescriptions and medical supplies.

"Having diabetes myself, I always have extra supplies. It could be extra syringes or extra test strips," said Dr. Nagy. "It allows me to have the mindset that no matter what happens, 'I've got this; I'm ready for it.' Having what you need reduces anxiety. It introduces less uncertainty."

Having delayed gratification is something we've had to get used to, living with diabetes. It could be waiting for our insulin to kick in while we wait to eat or waiting for a medication refill to be approved.



"We can't hug each other now, but use the technology we have now to communicate with loved ones. That's a powerful antidepressant; powerful against anxiety."

DR. ROBERT NAGY,
PSYCHIATRIST AND MEMBER OF SDRI'S
BOARD OF TRUSTEES

Remember to cheer your successes: "Things that go well are not just okay, they are a victory, because what we do every day is hard. It's not easy to do."

We have to celebrate getting good A1c results, having a good eye exam, or a day when your Continuous Glucose Monitor (CGM) says your numbers were in range. You have to pat yourself on the back, because that is a very powerful reinforcement that's great to have to get us through this time.

Be strict about physical distancing, but keep up your social contacts.

"Don't take physical distancing as being socially isolating," said Dr. Nagy. "If you have people to talk to, use that. We can't hug each other now, but use the technology we have now to communicate with loved ones. That's a powerful antidepressant, powerful against anxiety," advised Dr. Nagy.

"And look at the SDRI website for diabetes and COVID-19 resources (www.sansum.org). Access it. That knowledge is powerful."

STAY TUNED for additional information
about our **Taste of the Vine**
2020 fundraiser!



TASTE OF THE VINE



“SDRI IS THE GIFT THAT KEEPS ON GIVING!”

For 76 years, Sansum Diabetes Research Institute has been dedicated to medical research, continuing the quest of our founder, renowned diabetes expert Dr. William Sansum.

Hundreds of young people launched their medical or scientific careers at SDRI; many found inspiration here to become physicians.

Dr. Paige Bradley is one such talented former SDRI employee who calls her three years working at SDRI, “The gift that keeps on giving!”

Following graduation from UC Santa Barbara in 2013, Bradley was hired to work part-time at SDRI, then transitioned to a full-time clinical research assistant with the Artificial Pancreas research group under Dr. Jordan Pinsker and Dr. Kristin Castorino.

This month, Bradley graduated with combined MD/ Masters degrees from Tulane University School of Medicine and the School of Public Health and Tropical Medicine. She begins her obstetrics and gynecology residence at Indiana University in July.

“Dr. Bradley has a promising future in women’s health and advocacy and I am delighted to call her a colleague,” said SDRI’s Dr. Castorino. “Her ability to motivate and inspire, with steadfast positivity, will make her a powerhouse in the field of obstetrics and gynecology and the medical community as a whole.”

“The way Dr. Castorino and Dr. Pinsker ran their teams made a big impression on me and that’s how I want to run my team when I’m at an attending level. It’s just



“Through SDRI’s mentorship and guidance, I felt focused and able to find what I really wanted to do.”

DR. PAIGE BRADLEY

this positive feedback loop that just keeps going and going and spreading so much wealth and goodness and mentorship and guidance,” said Dr. Bradley.

Dr. Bradley honed her strong work ethic at SDRI and learned early on to “figure it out, rise to the occasion, and get things done. We had so much work to get done, we had to use time management and get creative, getting so much work done in so little time; hurry up and go!”

Dr. Bradley is grateful for her mentors, Dr. Pinsker and Dr. Castorino, for helping her discover the right career path for her and for role-modeling the kind of doctor she wants to be.

“SDRI gave me a lot of experience when it comes to writing protocols, editing them, working for the first time with patients, and for the first time with physicians,” she said. “It can be scary and I got that experience before medical school; they treated me as if I were part of the team. I feel so strongly and positively about SDRI!”

SDRI has a legacy of mentoring pre-medical students during internships or even longer “gap year” positions.



SAVE THE DATE for our
Dinner with the Winemaker Event
at Ember Restaurant featuring
Talley Vineyards on **November 10, 2020.**

REAL-WORLD BASAL IQ

Real-World data shows use of the Tandem Diabetes Care t:slim X2 insulin pump with Basal-IQ technology results in sustained reductions of hypoglycemia across the age spectrum.

Dr. Jordan Pinsker, MD, Director of Artificial Pancreas Technology at Sansum Diabetes Research Institute, presented data in late February at the Advanced Technologies and Treatments for Diabetes (ATTD) meeting on over 6,000 patients who software updated their Tandem t:slim X2 insulin pumps to add Basal-IQ technology.

The presentation in Madrid, Spain, focused on long term real-world use for insulin pump patients who already had a Tandem t:slim X2 insulin pump, who then performed a remote at-home software update to add a predictive low-glucose suspend (PLGS) feature, Basal-IQ, and Dexcom G6 compatibility to their pump.

Dr. Pinsker reported that over 15,000 U.S. Tandem pump users remotely updated their t:slim X2 pump to add Basal-IQ technology through October 21, 2019. Of these patients, 6,170 had at least 21 days of pre/post PLGS

update continuous glucose monitoring (CGM) usage data uploaded the Tandem t:connect web application. Over 1,300 had sufficient data available at nine months after the update.

The results showed how important Basal-IQ technology is to improving diabetes care. “First,” said Dr. Pinsker, “the average software update time of only 5.36 minutes allowed for minimal interruption in therapy compared to purchasing and setting up a new pump.

Second, overall glycemic outcomes for pre and post software update showed a significant decrease in sensor time less than 70 mg/dL from 2.14 to 1.18%, with overall sensor time-in-range 70-180 mg/dL increasing from 57.8 to 58.5%.” Long term follow-up showed these improvements were sustained at 3, 6 and 9 months out after the software update.

Dr. Pinsker noted, “In the PROLOG pivotal trial of Basal-IQ technology, which we performed at Sansum Diabetes Research Institute, we saw a significant reduction in hypoglycemia from 3.2% to 2.6% compared to sensor-augmented pump use in just over 100 patients. Often in pivotal trials, with increased supervision of patients, the results are better than we see in the real world. But that was not the case here. In our large real-world data set of software updaters we saw even better outcome metrics, with hypoglycemia (time less than 70 mg/dL) decreasing to 1.18%.”

Two other important findings were highlighted in the presentation. “Patients 65 years of age and older reduced their hypoglycemia rate to less than 1% after the software update, more than meeting the goal of the recent international time-in-range consensus guidelines for these higher risk individuals, as there may be significant morbidity and mortality associated with hypoglycemia in this population,” said Dr. Pinsker.

In addition, Dr. Pinsker reported, “Hypoglycemic events are particularly dangerous overnight and the mandatory alarm that accompanies these events are a major interruption of sleep. The number of nights per month with the CGM Fixed Glucose Alert going off decreased significantly in all subgroups after the update.”

These results have been published online, ahead-of-print, in *Endocrine Practice*, the official journal of the American Association of Clinical Endocrinologists (AACE). The full print publication will be available later this summer.



Dr. Pinsker presenting results at the Advanced Technology and Treatments for Diabetes (ATTD) meeting in Madrid, Spain, February 2020.

A MOTHER'S STORY

“Who knew we’d be in one of the top five places in the world where people come to treat diabetes?” said Jody Kaufman Thompson, whose son, Jacoby, was diagnosed with type 1 diabetes at the age of 6 in December 2018.

“For the bummer that this is, I feel incredibly lucky, if that makes any sense at all.”

Jody and husband, Bryan Thompson, feel lucky to live in Santa Barbara, home of Sansum Diabetes Research Institute (SDRI) where their son Jacoby, now 7-1/2 years old, receives excellent care from SDRI pediatric endocrinologist, Dr. Jordan Pinsker.

“This hit us out of left field; before this I didn’t even understand the difference between type 1 and type 2,” Jody admitted. “It puts you to the test; type 1 diabetes puts you to the test.”

“The late nights; it’s like having an infant,” she said. “You wonder, ‘Will we ever sleep through the night again? Will my husband and I ever travel again, just the two of us?’ And then, there’s the scary lows.”

“The firsts are really hard. That first day back at school. The first birthday party when you have to ask ahead of time, ‘When are you going to be serving dessert with the pizza,’ so maybe I can dose him for both, so he can have a tiny bit of cake. All those firsts; and they’re not fun firsts. They are very difficult.”

However, the Thompson family, which includes Jacoby’s older sisters, Jessica and Jaklynn, looks for silver linings.

The family is now eating more healthful foods; they’ve been introduced to a welcoming and supportive diabetes community; and they look at this diagnosis as an educational opportunity.

“If he’s going to have this, we are going to do our darndest to educate everybody on type 1 and the difference between type 1 and type 2,” Jody said.



The Thompson Family

“Mothers are obviously strong. We are very strong!”

JODY KAUFMAN THOMPSON

Jacoby taught his kindergarten class about diabetes. He read a book to the class, brought in his JDRF teddy bear, and Jody gave a lesson about the pancreas and the signs of low or high blood sugar and who to go to for help.

“These kids rallied. They just bonded around him. They would come up and say, ‘Jody, I just want you to know that Jacoby had a very good day today on the playground.’ It was the coolest thing!”

This mom is grateful that so many other type 1 moms she has met through SDRI have taken her under their wing. It’s a sisterhood/motherhood dynamic which has been incredibly empowering.

“On this Mother’s Day, personally, I’ll be reaching out to these mothers who have had such an incredible impact on me, to say, ‘Thank you!’” said Jody.

“Mothers are obviously strong. We are very strong! We’re strong in what we do for our kids, what we give up for our kids, what we get from our kids. I was reassured by just how strong mothers are, these other moms that have come before me and how they’ve handled this with strength and grace but also humility and humanity.”

SDRI wishes to thank Jody for sharing her story, and all moms on this Mother’s Day and always. If you would like additional information about SDRI’s pediatric and outreach programs, **please visit our website at www.sansum.org or call us at 805-682-7638.**

SANSUM DIABETES RESEARCH INSTITUTE: A GOOD INVESTMENT

In 2019, Sansum Diabetes Research Institute (SDRI) earned the highest ratings available from two independent charity evaluators, one of only 5 non-profit organizations in the area to earn exceptional assessments from both. Santa Barbara County has over 2,000 non-profit organizations and this recognition clearly demonstrates SDRI's excellent governance and financial accountability.

SDRI received the 4-star rating from Charity Navigator. Only a quarter of rated charities have achieved this distinction. Additionally, SDRI was awarded the Platinum Seal of Transparency on GuideStar, the world's largest source of information on nonprofits.

While the global pandemic and accompanying economic volatility are a new reality for all of us, Congress, as part of the CARES Act, made some provisions to provide incentives for investing in non-profits like SDRI during 2020. They include an "above the line" deduction for cash contributions to public charities for those who

do not itemize their taxes. For those who do itemize, Congress provides a suspension of the percentage deduction limits. Additionally, Congress suspended the Minimum Required Distribution (MRD), while keeping Qualified Charitable Deductions (QCDs), from IRAs.

While these provisions do not include contributions to Donor Advised Funds (DAFs), money already in a DAF is available for distribution without additional tax consequences. As always, your professional financial advisor can provide more information tailored to your specific situation.

While we all learn to navigate these turbulent times, SDRI's work continues as we strive every day to improve the lives of people impacted by diabetes through research, education, and care.



DONOR SPOTLIGHT:

SANTA BARBARA FOUNDATION

The Santa Barbara Foundation has a long history of supporting Sansum Diabetes Research Institute (SDRI), investing more than a half million dollars in grants, donations, resources, and funding with SDRI over the last 30+ years.

The Santa Barbara Foundation has generously supported a wide range of SDRI programs including research projects, Farming for Life, Mil Familias, senior programs, medical equipment, diabetes education, school projects, mobile clinics, and capital campaigns.

"The Santa Barbara Foundation is pleased to support SDRI as they work in several areas that the Foundation is focused on, including vulnerable populations, services in one of its focus areas, health, as well as its work in diabetes research," said Pedro Paz, Director of Grant-making, Santa Barbara Foundation.

Ellen Goodstein, SDRI Executive Director said, "We are grateful to the Santa Barbara Foundation for their on-going recognition of our mission to improve the lives

of people impacted by diabetes through research, education, and care. They have truly been an outstanding partner in our work."

The Santa Barbara Foundation recently awarded a \$25,000 grant to SDRI's Diabetes Emergency Response Program as part of the countywide funders' collaborative, COVID-19 Joint Response Effort for Santa Barbara County, led by the Santa Barbara Foundation, United Way of Santa Barbara County, and the Hutton Parker Foundation. Dozens of local foundations donated more than \$2 million in assistance to individuals and families as well as organizations such as SDRI, actively assisting members of the community affected by the COVID-19 pandemic.

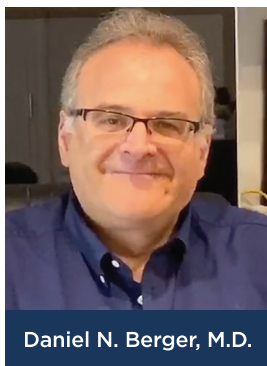
SDRI is particularly grateful for the support from the COVID-19 Joint Response Effort as we adapt our programs to continue supporting the diabetes community during this pandemic.



SDRI WELCOMES NEW TRUSTEES

Sansum Diabetes Research Institute (SDRI) recently welcomed three new additions to the Board of Trustees; Daniel N. Berger, M.D., Joan Estes-Lindskog, and Deborah Gibson.

"It is an honor to welcome **Dr. Berger**, a leading endocrinologist on the Central Coast, to the Board of Trustees of the Sansum Diabetes Research Institute. Not only does he bring a wealth of experience treating patients with diabetes, his intelligence and dedication to his patients adds a unique voice to the Board of Trustees," said Ellen Goodstein, SDRI's Executive Director.



Daniel N. Berger, M.D.

An endocrinology, diabetes, and metabolism specialist practicing for 25 years, Dr. Berger is the current endocrinology department head at Sansum Clinic in Santa Barbara. Dr. Berger also serves on the Santa Barbara County Medical Society's Board of Directors.

"As a clinical endocrinologist for over two decades, I have had a firsthand perspective to appreciate the tremendous impact and benefit that the groundbreaking research conducted at SDRI has made on the lives of individuals with diabetes," said Dr. Berger. "It is now a distinct privilege to serve on the Board of Trustees and work to continue fulfilling the mission and storied legacy set forth by Dr. William Sansum and Dr. Lois Jovanovic."

"We are honored to welcome **Joan Estes-Lindskog** to the Board of Trustees at Sansum Diabetes Research Institute. She brings a lifetime of firsthand experience for living well with type 1 diabetes and adds a diversity to the Board given her international resume in television and print media," commented Goodstein.



Joan Estes-Lindskog

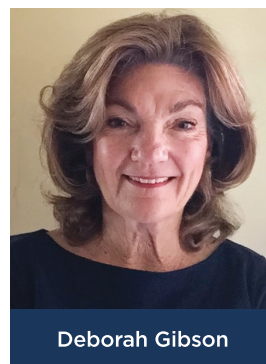
Joan Estes-Lindskog is the owner of Mediabolaget California LLC, based in Santa Barbara and Los Angeles, and a shareholder and board member with Scandinavian Content Group, Sweden's newest and largest independent TV, film, and drama production company.

"It is now a distinct privilege to serve on the Board of Trustees and work to continue fulfilling the mission and storied legacy set forth by Dr. William Sansum and Dr. Lois Jovanovic."

DANIEL N. BERGER, M.D.,
SDRI BOARD TRUSTEE

"I am honored and excited to join the SDRI Board of Trustees, an organization that is very dear to my heart and to my very livelihood," said Estes-Lindskog. "I have the utmost appreciation and respect for the tremendous dedication and crusade of Dr. William David Sansum, who pioneered the refinement and administration of insulin in Santa Barbara 98 years ago. It is thanks to his work that people with diabetes such as myself have been able to live healthy, productive, and satisfying lives with strong careers and even stronger convictions to live long and healthy lives!"

Deborah Gibson, a Certified Diabetes Educator and Registered Dietitian, joined the board in April. She formerly worked as an executive pharmaceutical sales rep, biology instructor at Santa Barbara City College, ran her own nutrition consultant practice, was a nutrition advocate at Pacific Pride Foundation, and was a clinical dietitian with Sansum Medical Clinic.



Deborah Gibson

"The reason I joined the Board is quite simple. I worked with Dr. DePaoli, President of SDRI's Board of Trustees, and Dr. Berger at Sansum Clinic early in my career," said Gibson. "It was working with them and watching how they cared for their patients that pointed me in the direction of diabetes management and ultimately becoming a Certified Diabetes Educator. The opportunity to work with them again, and the work of the Sansum Diabetes Research Institute is quite an honor. I look forward to being a valuable contributor to the work."

"We are thrilled to welcome Deborah Gibson to SDRI's Board of Trustees. Her diversity of experience within the healthcare industry, combined with her expertise in nutrition, brings an important perspective to our Board," commented Goodstein.

Currently, 18 board members serve on SDRI's Board of Trustees.

QUEST SOCIETY SPOTLIGHT: CURT CRUTHIRDS



Curt Cruthirds and Linda Muth

When you ask Curt Cruthirds why he included Sansum Diabetes Research Institute (SDRI) as a beneficiary in his trust, his response is simply, “Because of their wonderful work!”

It all started when he moved to Santa Barbara in 1990 to oversee the local branches of Mid-State Bank. Diagnosed with type 1 diabetes at 10, Curt became aware of SDRI through his physician. Curt began his long association with SDRI as a subject in clinical trials but it wasn't long before he was asked to join the Board of Trustees. With his financial expertise, Curt served many years on the Finance Committee.

When asked about SDRI, it's the community outreach efforts that Curt is most passionate about. He recalls when SDRI would station a table outside Scolari's market on Milpas Street and volunteer to test blood glucose levels. A large percentage of shoppers had very high levels and did not know they were at risk. The SDRI team would then provide information about education classes and nutrition helping people understand diabetes, the health risks, and what they could do to lower those risks.

In 2014, as Curt began to think about retirement, he finalized his trust. Once he had provided for his fiancée Linda, SDRI was a natural choice. “I wanted to recognize the wonderful work they do for me and for the larger community,” says Curt. Last year Curt retired from Mechanics Bank and from SDRI's Board earlier this year. He is happily enjoying retirement in beautiful Ojai but still comes to Santa Barbara regularly.

SDRI is very grateful for Curt's many years of service and contributions. SDRI will continue serving the diabetes community well into the future thanks to the legacy support of Quest Society members like Curt.

If you would like to learn more about including SDRI in your will or estate plan, contact Tamara Skov, Director of Major Gifts & Planned Giving, at tskov@sansum.org or 805-419-1338.

2019 DONORS



THE VISIONARY SOCIETY

SDRI'S VISIONARY SOCIETY honors and recognizes those who help advance Dr. Sansum's vision for improving the lives of people impacted by diabetes, locally and around the globe. We are grateful for the dedication and support of these special individuals, foundations and companies whose shared commitment to this vision make our work possible.

\$25,000+

Alice Tweed Tuohy Foundation
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THANK YOU TO ALL OF OUR DONORS IN 2019!
Your gifts allow Sansum Diabetes Research Institute to fulfill our mission of providing research, education, and care to people impacted by diabetes.

\$1,000+

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MESSAGE FROM THE EXECUTIVE DIRECTOR

For the last 76 years, SDRI has had one mission and one mission only—the prevention, treatment and cure of diabetes through research, education and care.

Challenging times do not alter our commitment to the diabetes community, it only strengthens our efforts to meet those challenges. In this issue of Quest, you will find helpful information about our COVID-19 Diabetes Emergency Response Program as well as tips to successfully overcome the stressors of this pandemic. We are very proud of this issue of Quest as it provides useful information in the time of COVID-19 as well as heartwarming stories like the one about Paige Bradley, M.D. who describes her 3 years as an SDRI research assistant as “the gift that keeps on giving.”

Even in this time of physical distancing and telemedicine, please be assured that SDRI is here for you and we will get through this together. Stay safe and be well.



ELLEN M. GOODSTEIN, ESQ., M.ED.
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