

TASTE OF THE VINE TOPS \$133,000

DIABETES RESEARCH TAKES ON GREATER URGENCY

An unexpected highlight of a challenging summer for everyone was the success of Sansum Diabetes Research Institute’s (SDRI) Taste of the Vine, which raised \$133,033, ensuring that SDRI’s important work continues. With all in-person events canceled due to the COVID-19 pandemic, we re-imagined our annual signature wine event into an UnEvent. Our UnEvent sponsors and those who purchased tickets received wine delivered to their home, fresh produce boxes, and/or catered meals.

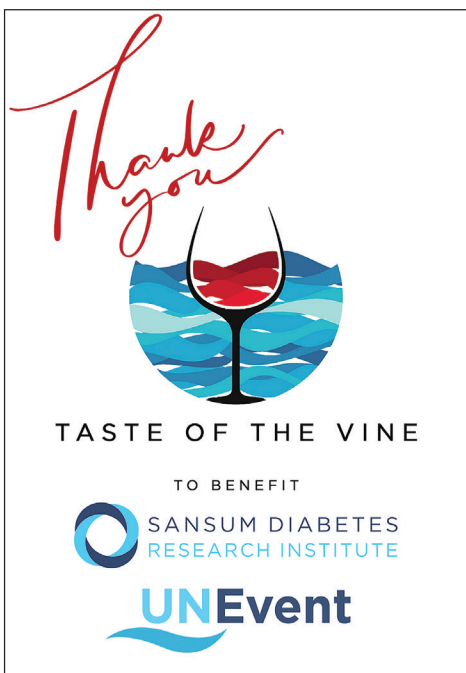
Taste of the Vine would not have been possible without the generosity of 15 Santa Barbara County wineries that donated cases of excellent wine. (See page 3)

For one such winery, J.Wilkes Wines, SDRI’s mission hits close to home. J.Wilkes’ Consulting Winemaker and Brand Ambassador, Wes Hagen, was recently diagnosed with late onset type 1 diabetes and his brother, Rob, has lived with type 1 diabetes since the age of 9.

“Diabetes is a bit like the unfortunate bookends of my life,” said Wes Hagen. “My brother was diagnosed with type 1 diabetes at a very early age and I saw how the disease affected him. Testing was crude and he was taking bovine and porcine insulin interchangeably and would have to be hospitalized with severe hypoglycemia (low blood glucose) up to a few times a year. Seeing the impact of those hypos made me realize that this disease is serious and requires very careful maintenance. Science was lacking and better technology was decades away. My

(Continued)

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Thank you

TASTE OF THE VINE

TO BENEFIT

SANSUM DIABETES RESEARCH INSTITUTE

UNEvent

2020 TASTE OF THE VINE COMMITTEE



Thank you to our Taste of the Vine committee! L-R: Joan Arnold, Chair; Katie Haq; Kara Hornbuckle; Joan Estes-Lindskog; Wendy Thies Sell, Wine Chair; Jeannine Glockler; George Burtness; Sherrill O’Neill; Audrey Tognotti; Ellen Goodstein; Christy Madden; Yvette Giller; Amanda Girdler; Christian Menard; Mike Karmelich; and Deborah David.

ON BEHALF OF OUR COMMITTEE, STAFF, AND BOARD OF TRUSTEES, THANK YOU FOR HELPING US RAISE \$133,033 TO FURTHER OUR MISSION.

DIABETES RESEARCH TAKES ON GREATER URGENCY (CONTINUED)

brother suffered so I didn't have to. I was diagnosed with LADA (latent autoimmune diabetes in adults) type 1 diabetes on my 50th birthday. I have been so fortunate to be the recipient of Sansum Diabetes Research Institute's and the scientific world's diabetes research for the last 100 years. Instead of urine pH strips and cow insulin, I have basal and bolus insulins to choose from and a continuous glucose monitor that reads my interstitial fluid twelve times an hour to help me manage my disease. **Your research dollars and support help keep me on this beautiful planet for another breath, another day, another year. Thank you, and thanks to all type 1's before me that bravely survived without the same medicine and technology that I enjoy.**"

SDRI's Response to the COVID-19 Pandemic

Keeping diabetes under control is one of the best defenses against COVID-19. With that fact in mind, Sansum Diabetes Research Institute established our Diabetes Emergency Response Program in the spring of 2020. This unique strategy is designed to help people living with diabetes survive this unprecedented global health crisis by providing up-to-date COVID-19 and diabetes information and resources that you can find at www.sansum.org and www.latinodiabetes.sansum.org.

SDRI's team is actively reaching out by phone to our patients, clinical trial participants and education class



Dr. Jordan Pinsker,
Director of Artificial Pancreas Technology



"I have been so fortunate to be the recipient of Sansum Diabetes Research Institute's and the scientific world's diabetes research for the last 100 years."

WES HAGEN

J. WILKES' CONSULTING WINEMAKER
AND BRAND AMBASSADOR

members, particularly those with high blood sugars, to provide support and information on how to maintain optimal blood sugar levels.

SDRI created the first ever **Virtual International COVID-19 and Diabetes Summit**, in collaboration with the Diabetes Technology Society, with SDRI's Dr. David Kerr serving as the event's co-chair. Eight hundred people registered for the two-day meeting, August 26 and 27. Leaders from government agencies, universities, medical institutions and corporations united virtually to develop an international consensus to identify strategies to protect diabetes patients from COVID-19, to learn lessons from the current and past pandemics, and to plan the way forward. Frontline clinicians, scientists, engineers and social scientists from the CDC, NIH, FDA, ADA, Mayo Clinic, Harvard University, Johns Hopkins, Google, and many more experts from around the world, discussed risk reduction by harnessing the potential of digital health, telemedicine, sensors and pharmacology. Recordings of the summit can be found at www.diabetestechology.org and proceedings from the meeting are expected to be published in the *Journal of Diabetes Science and Technology*.

Through thoughtful innovative measures SDRI continues our groundbreaking clinical trials. To date in 2020, SDRI has conducted 35 clinical research trials, with 4,302 participants.

TASTE OF THE VINE



TO BENEFIT
SANSUM DIABETES
RESEARCH INSTITUTE



Sansum Diabetes Research Institute would like to give a **heartfelt thank you** to our sponsors for supporting the Taste of the Vine UnEvent. We'd also like to extend our sincerest gratitude to the listed **wineries, Duo Events and Catering, and Talley Farms** for their immense generosity.

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Thomas and Nancy
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Dr. Alex and Mrs. Laura DePaoli
 Charlie and Marilyn Radaz,
In Memory of Jay Radaz

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GoGi Wines
 Verdad Wines
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Melville Winery
 J. Wilkes Wines
 Foxen Vineyards

Jaffurs Wine Cellars
 Serenity Farms & Vineyards
 Grassini Family Vineyards

SDRI's series of Artificial Pancreas studies evaluating fully automated insulin delivery systems in people with type 1 diabetes are moving forward, under the leadership of Jordan Pinsker, MD, Director of Artificial Pancreas Technology.

"We continue to help our patients by offering Telemedicine visits during this COVID-19 pandemic, and seeing patients in person when medically necessary," said Dr. Pinsker. "In addition, many of our research studies have been converted to allow for remote visits when possible."

SDRI has long been a trailblazer in the area of Diabetes and Pregnancy research and care, a department led by Dr. Kristin Castorino: "We already know that diabetes during pregnancy is a high-risk condition, putting both

mom and baby at significant risk for complications, and we know that there is an association between severity of COVID-19 and diabetes. Further, recent studies have found that pregnant women with COVID-19 are more likely to be hospitalized and are at an increased risk for intensive care unit admission and the use of ventilation. Now we need to learn about the combined risk of both of these complications which may have significant effect on both mom and baby."

SDRI's wide range of free educational programs are going strong, safely live-streamed using Zoom or with videos on SDRI's private YouTube channel and phone call check-ins. Our ongoing education classes include Gestational Diabetes Education, taught by a Registered Dietitian and a Certified Diabetes Care and Education Specialist, ADA-recognized Diabetes Self-Management Education that is designed for seniors, and Ocho Pasos which is a series of healthy eating and exercise classes taught in Spanish for people with type 2 diabetes. We are also starting a CDC-recognized Diabetes Prevention Program in early 2021 for CenCal Health members in Santa Barbara County for women of childbearing age with prediabetes or women who had gestational diabetes during pregnancy.

"We continue to help our patients by offering Telemedicine visits during this COVID-19 pandemic, and seeing patients in person when medically necessary."

JORDAN PINSKER, MD
 DIRECTOR OF ARTIFICIAL PANCREAS
 TECHNOLOGY

(Continued)

DIABETES RESEARCH TAKES ON GREATER URGENCY (CONTINUED)

In April, SDRI launched a new research survey, “*Living with Type 1 Diabetes (T1D) during the Coronavirus Disease 2019 (COVID-19) Pandemic.*” The purpose of the survey is to understand the needs of the population with type 1 diabetes nationwide, by means of voluntary, anonymous baseline and follow-up surveys, to determine the extent to which this pandemic has hindered access to medical attention, access to insulin and other diabetes supplies.

“There are all sorts of things that can potentially affect people with type 1 diabetes at this time. We want to learn more about it, what’s happening, and the experiences people are having right now. If there are some common problems, we can know about it and be able to address it,” said Dr. Kristin Castorino, Senior Research Physician at SDRI.

A healthy lifestyle helps tremendously during this health crisis, while reducing risk. **Our Farming for Life program continues** with distribution of fresh produce for people with or at risk of type 2 diabetes.

“Food as medicine is even more important now. Our published research has shown improvements in blood pressure, waist circumference and diabetes control, which are known risk factors for cardiovascular disease and appear to also be important risk factors for poor outcomes from COVID-19,” said Dr. David Kerr, SDRI’s Director of Research and Innovation.

“Food as medicine is even more important now. Our published research has shown improvements in blood pressure, waist circumference and diabetes control, which are known risk factors for cardiovascular disease and appear to also be important risk factors for poor outcomes from COVID-19.”

DR. DAVID KERR
SDRI’S DIRECTOR OF
RESEARCH AND INNOVATION

SDRI is working to combine our established research with greater use of at-home diabetes technology, including continuous glucose monitors and home blood pressure measurements. These measures will support people in their own homes to help reduce their rate of infection and poor outcomes from COVID-19.

Finally, a recent addition to our YouTube channel is a video explaining **workplace protections for people living with diabetes during the COVID-19 pandemic.** Civil rights and anti-discrimination attorney, Elise Cossart-Daly, explains your rights as a person with diabetes if you are concerned about contracting COVID-19 at work.

DIABETES FACTS



1.6 MILLION

Americans are living with type 1 diabetes, including 200,000 youth (less than 20 years old)



4,302 RESEARCH PARTICIPANTS

Have engaged in clinical research from Jan.- Oct. 2020



88 million adults in the U.S. have prediabetes - more than 1 in 3



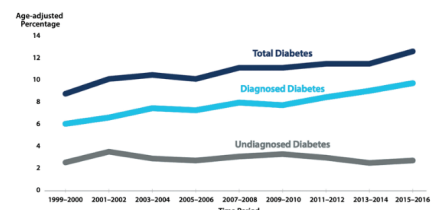
35 CLINICAL RESEARCH TRIALS

Were conducted at SDRI from Jan. 2020-Oct. 2020



1 IN 5

Individuals don’t know they have diabetes



SOURCE: CDC 2020 NATIONAL DIABETES STATISTICS REPORT

“The U.S. Equal Employment Opportunity Commission says employers have to provide reasonable accommodations that are ‘necessitated by pandemic conditions,’” said Cossart-Daly. “If you have a health condition that qualifies as a disability, which diabetes does, you have a higher risk of developing serious complications due to COVID-19, your employer has to work with you to make sure that you reduce your risk of contracting COVID.”

The 17-minute video includes specific tips and worker rights information (<https://youtu.be/66TlscxxVKo>).

“Despite all the challenges that the COVID-19 pandemic brings, **SDRI’s priority has not changed – improving the lives of those living with diabetes remains at the forefront of our daily efforts.** I remain incredibly proud of our team and their tireless commitment to advance lifesaving research for those with diabetes,” said Ellen Goodstein, SDRI’s Executive Director.



Christian Farfan, Clinical Trial Manager and Dr. Kristin Castorino, Senior Research Physician



TANDEM[®]
DIABETES CARE

We want to thank Tandem Diabetes Care for their support as a Magnum Sponsor for our Taste of the Vine UnEvent. Sansum Diabetes Research Institute participates in pivotal clinical research trials for many leading pharmaceutical companies, including Tandem Diabetes Care.

Trying to keep your blood sugar in range can be stressful and time consuming, but thanks to the t:slim X2™ insulin pump with Control-IQ® advanced hybrid closed-loop technology studied at the Sansum Diabetes Research Institute, it now can be easier. We can all raise our glass to that!

See how Control-IQ technology helps Leslie, Sally, and over 50,000 other users reduce the burden of managing their diabetes by predicting and helping to prevent highs and lows, at <https://www.sansum.org/research/>.



Leslie

Shares How Easy **Control** Can Be

Leslie says he sleeps better at night because the t:slim X2 insulin pump with Control-IQ technology keeps his blood sugar in range, working like a set of guardrails on a cliff-side road to help keep him out of danger.

When traveling, Sally doesn’t always know what or when she’ll be able to eat next. See how the t:slim X2 insulin pump with Control-IQ technology helps keep her blood sugar steady when she’s on the road.



Sally

Shares How Easy **Control** Can Be

RETURNING TO SCHOOL WITH DIABETES: VIRTUAL TOWN HALL

JULY 21, 2020 3PM PT/6 PM ET

Returning to School with Diabetes: A Virtual Town Hall

Panelists:

- **Dr. Francine Kaufman:** Pediatric Endocrinologist & Chief Medical Officer, Senseonics
- **Dr. Christa Singleton:** MD, MPH, Senior Medical Advisor, Centers for Disease Control & Prevention
- **Crystal Woodward:** MPS, Director, ADA Safe at School Campaign
- **Joyce Boudoin:** T1D parent and ADA advocate
- **Leah Wyckoff:** MS, BSN, RN, NCSN, Barbara Davis Center
- **Dr. Kristin Castorino (Moderator):** Senior Research Physician at Sansum Diabetes Research Institute

In July, Sansum Diabetes Research Institute (SDRI) co-hosted a virtual town hall meeting called “Returning to School with Diabetes,” with JDRF and the American Diabetes Association. Nearly 3,000 people registered for this town hall meeting, underscoring the immense need for expert medical advice during these unprecedented times.

Dr. Kristin Castorino, SDRI’s Senior Research Physician, served as the moderator of this free, one-hour informative panel discussion. Panelists included industry experts from across the nation, including Dr. Francine Kaufman, pediatric endocrinologist and Chief Medical Officer, Senseonics; Dr. Christa-Marie Singleton, Senior Medical Advisor, Centers for Disease Control and Prevention; Crystal C. Woodward, MPS, Director, ADA Safe at School Campaign; Leah Wyckoff, MS, BSN, RN, NCSN, Barbara Davis Center; and Joyce Boudoin.

The panelists talked about precautions and considerations for children with diabetes potentially going back to school during the pandemic, and addressed key



“Returning to School with Diabetes” virtual town hall meeting panelists. Also pictured, Kristin Jahnke, JDRF; Kara Hornbuckle, SDRI; and Katie Haq, SDRI.

“Each person with diabetes has their own unique answer right now for what they should do for school or diabetes care. The talk was designed to inform, educate and empower.”

DR. KRISTIN CASTORINO
SDRI'S SENIOR RESEARCH PHYSICIAN

concerns regarding the legal rights and protections of students with diabetes during a pandemic.

“There is a tremendous need for this town hall to try and figure out the game plan for each child in our lives,” said Dr. Castorino. “And what makes it harder is that the reality changes day by day and by region. It’s important that you make a decision that’s right for your family with the input of your healthcare provider and your diabetes care team. This is a very individual decision. Each person with diabetes has their own unique answer right now for what they should do for school or diabetes care. The talk was designed to inform, educate and empower.”

A recording of the “Returning to School with Diabetes” town hall is available for viewing on SDRI’s YouTube channel, https://youtu.be/GJci-5Z_Q2E.



NIK BLASKOVITZ PHOTO



SDRI’s Mil Familias initiative is centered on the Latino population and how they are disproportionately affected by type 2 diabetes.

CHAMPIONS IN HEALTH CARE

The Pacific Coast Business Times has recognized Dr. David Kerr, SDRI’s Director of Research and Innovation, as one of their 2020 Champions in Health Care.

A special edition on August 14, 2020, of the *Pacific Coast Business Times* (www.pacbiztimes.com), a weekly business journal covering Ventura, Santa Barbara and San Luis Obispo Counties, looked at how the region’s frontline health care leaders are battling the global pandemic.

The publication names Dr. Kerr, a “Champion in COVID Research,” as the head of SDRI’s Mil Familias initiative, now in its fifth year of a 10-year research project, combating diabetes in at-risk communities, and SDRI’s Farming For Life program that prescribes fresh produce from local farms to people with, or at risk of, developing type 2 diabetes.

DONOR SPOTLIGHT: FLINT OGLE

Flint Ogle is proving how far a father will go for his child. Ogle is riding 22 separate, 100-mile bike rides this year to raise funds for both Sansum Diabetes Research Institute (SDRI) and JDRF.

May 18, 2020 marked just over 6 years, or about 2,200 days, since Ogle's son, Beckett, was diagnosed with type 1 diabetes at the age of 4. If his son can tackle type 1 diabetes (T1D) for 2,200 days with perseverance and good humor, then Ogle believes he can ride 2,200 miles on a bicycle.

When JDRF's annual *Ride to Cure Diabetes* was canceled this year due to the pandemic, Ogle thought of a way to fundraise in lieu of the official ride.

His goal is to raise \$50,000 for JDRF, the world's largest non-profit supporter of T1D research. **And for every dollar Ogle raises in support of JDRF, a generous donor will make a matching contribution to Sansum Diabetes Research Institute, up to \$50,000.**

"We are incredibly grateful to Flint for his generous support of both Sansum Diabetes Research Institute and JDRF," said Ellen Goodstein, SDRI's Executive Director. "We are in awe of his determination to raise critical funding and awareness for those impacted by diabetes. Flint's efforts are such an inspiration to the diabetes community and provide hope for a better future."

"My inspiration is to celebrate the strength and resilience of my son and other children with T1D, and to help find a cure, so they can be free of the disease in the future," Ogle said.

Ogle is two-thirds of the way through the rides; the first half of which were done on the backroads of Colorado with the remainder taking place in and around Santa

"I would love to broaden the donor base and inform more locals about the amazing advancements that SDRI facilitates, with worldwide implications, right here in Santa Barbara."

FLINT OGLE

Flint and Elisabeth Ogle, with their son Beckett



Barbara. As of October, Ogle was just shy of \$45,000 raised for JDRF with an equal amount to SDRI through the match.

“I would love to broaden the donor base and inform more locals about the amazing advancements that SDRI facilitates, with worldwide implications, right here in Santa Barbara,” said Ogle. “SDRI is a unique organization, and learning more about the important role it plays in constantly improving diabetes care has been a wonderful fringe benefit of collaborating on this year’s fundraising efforts.”

Logging that many miles on two wheels is not without its risks. In August, while riding his gravel bike from the top of Gibraltar Road in Santa Barbara, Ogle slid out on a turn. A little scuffed and bruised, but otherwise alright, he completed the remaining 87 miles of that day’s “century ride.” Ogle brushed it off saying, “Road rash is a badge of honor among cyclists.”

He has been incredibly inspired by the type 1 cyclists that he has gotten to know better over the last few months, including SDRI Board Trustee Emeritus Dr. Bob Nagy, and several others through Zwift Team Type 1.

Ogle plans to complete his last 100-mile ride, #22, on November 14th, World Diabetes Day.



SDRI’s website, www.sansum.org/follow-flint, has a link to Ogle’s fundraising webpage, where you can follow his progress, donate, or learn more.

We are inspired by Flint Ogle and his dedication to improving the lives of families living with diabetes.

GUIDESTAR & CHARITY NAVIGATOR

In 2020, Sansum Diabetes Research Institute (SDRI) was once again awarded the highest recognition from both GuideStar and Charity Navigator. GuideStar’s Platinum Seal of Transparency and a 4 star rating from Charity Navigator recognize SDRI’s commitment to financial transparency. One of a small group of non-profits to receive both honors, SDRI is proud to share this recognition with our supporters.



SAVE THE DATE

NOVEMBER 2020 - National Diabetes Awareness Month

NOVEMBER 12, 2020 - Zoom with the Winemaker featuring Talley Vineyards and Ember Restaurant

NOVEMBER 14, 2020 - World Diabetes Day

DECEMBER 1, 2020 - #GivingTuesday

IN REMEMBRANCE

“A star has fallen, Dr. Jovanovic leaves behind a tremendous legacy and her contribution to diabetes care will have an everlasting impact.”

DR. KRISTIN CASTORINO
SDRI SENIOR RESEARCH PHYSICIAN

Two years ago on September 18, 2018 we lost Dr. Lois Jovanovic, SDRI’s former Chief Executive Officer & Chief Scientific Officer. The “Godmother of Modern-Day Diabetes Care,” Dr. Jovanovic pioneered the protocols used worldwide that make it possible for women with diabetes to deliver healthy babies. All of us at SDRI pause to remember this internationally-acclaimed medical pioneer and her extraordinary contributions to diabetes research, and vow to carry on her legacy.



Lois Jovanovic, MD, MACE
1947 – 2018

SDRI WELCOMES NEW TRUSTEES

We are pleased to announce the appointment of two new members to SDRI’s Board of Trustees. Joining in September 2020 are internal medicine specialist Kathryn Brewer, M.D., and real estate executive Michael J. Paskin.

DR. KATHRYN BREWER works as a Deputy Health Officer at the Santa Barbara County Health Department. Previously, Dr. Brewer was the Director of Diabetes Management and a staff physician at the Santa Ynez Tribal Health Clinic where she improved diabetic standards of care and access. She is a graduate of the University of Oklahoma School of Medicine. Dr. Brewer is a volunteer attending physician for Healing Hearts Across Borders (HHAB) in Mexico, responsible for managing diabetes care and protocols at all HHAB clinics and overseeing the education of medical students.



MICHAEL J. PASKIN is the Founder, President & CEO of The Paskin Group, a team of more than 50 real estate professionals throughout California and Texas. Mr. Paskin is active in the Santa Barbara community volunteering for numerous non-profits, having held board positions at the Young Presidents’ Organization, the United Boys & Girls Clubs of Santa Barbara County, and the Washington Elementary School Foundation. As a FAA licensed private pilot, he serves as a volunteer Mission Pilot for Angel Flight West, flying terminally ill children and adults to treatment centers. At the age of 19, Paskin sold an internet company he founded while attending UC-Santa Barbara. He is also a two-time Ironman triathlete and seven-time marathoner.



QUEST SOCIETY:

DR. LOWELL & SHIRLEY McLELLAN

The McLellan family came to Santa Barbara in 1966. Dr. Lowell McLellan was the first gynecologist to join the original Sansum Clinic and moved from Hawaii with his wife Shirley, a registered nurse, and their two young children. Both Lowell and Shirley were especially fascinated with the legacy of Dr. Sansum and his research leading up to the treatment of his first patients with insulin. As a physician and a nurse, Lowell and Shirley had many patients over the years with type 1 or 2 diabetes and soon became involved with Sansum Diabetes Research Institute (SDRI).

Dr. McLellan joined the SDRI Board in 1977 and held a variety of leadership positions, culminating in his current emeritus status.

Like many families, estate planning first became a focus for the McLellans through helping their parents. In 1986, Lowell and Shirley's son, who was then a CPA, worked with Shirley's mother to set up a trust. When she passed away unexpectedly just a few months after completing her

estate plan, both Lowell and Shirley were comforted by how easily everything was carried out. "All of the decisions had been made," said Shirley. Added Lowell, "There was no probate, just a simple process." It was not long before Shirley and Lowell went to work on setting up their own trust. While making sure to provide for their children, they also made bequests to two charities - the church where they were married 65 years ago and SDRI.

When asked about their support for SDRI, Lowell and Shirley said, "We are so pleased that Sansum Diabetes Research Institute is continuing to maintain Dr. Sansum's legacy with potential breakthrough discoveries regarding treatment and hopefully, the cure for diabetes." While they review the trust periodically to keep current with life changes and changes in the estate laws, their support of SDRI remains constant, a recognition that current research at SDRI continues to be exciting, adding to the global knowledge of this disease.

For information on making a legacy gift, please contact Kara Hornbuckle, Director of Development, at khornbuckle@sansum.org or 805-682-7640 ext. 246.

"We are so pleased that Sansum Diabetes Research Institute is continuing to maintain Dr. Sansum's legacy with potential breakthrough discoveries regarding treatment and hopefully, the cure for diabetes."

DR. LOWELL & SHIRLEY McLELLAN



A Global Leader in Diabetes Research, Education, and Care.

Written content by Wendy Thies Sell & design by Stensland Design

MESSAGE FROM THE EXECUTIVE DIRECTOR

Throughout the COVID-19 pandemic, SDRI's priority has not changed - improving the lives of those living with diabetes remains at the forefront of our daily efforts. I remain incredibly proud of our team and their tireless commitment to advance lifesaving research for those with diabetes.

In this edition of the Quest you will see how our team has developed new and innovative ways to conduct research, provide patient care and education in response to the COVID-19 pandemic, and we have even begun to study how COVID-19 affects people with type 1 diabetes.

This Quest also features our recent Taste of the Vine UnEvent which broke a fundraising record and please read the amazing story of how Flint Ogle is honoring his son's resilience with type 1 diabetes. We also recognize Dr. Lowell and Shirley McLellan for their long-standing involvement and legacy giving.

SDRI's work would not be possible without your generous support. Thank you! Your support is helping to improve the lives of people impacted by diabetes both in our community and around the world.



ELLEN M. GOODSTEIN, ESQ., M.ED.
EXECUTIVE DIRECTOR



ELLEN M. GOODSTEIN, ESQ., M.ED.

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